

Trustees for the group need to be elected by members. This is done by a majority vote at the AGM. The minimum number of trustees is three, and the maximum ten. Under the constitution trustees are elected for a three year term. Adam Lawrence and Mitesh Patel were elected at the 2023 AGM and have decided to stand for election again. During the year, the trustees have also appointed Phil Bungay as a trustee.

This document gives trustee statements for these people, allowing you to make an informed choice when voting.

Phil Bungay

Since starting my working career in 1985 I have been a person who believes that you should contribute to society - undertaking positions on sport and social committees etc. However, since my HSP journey began in 2012, I have been particularly passionate about those with a disability, especially a Non-Visible Disability. It is for this reason why I became part of a team that re-launched the Ministry of Defence's Disability Network in 2013 and co-founded the Medway Neurological Network (MNN) in 2015 – whose aim is to be the voice of those affected by neurological conditions in Medway and helped to launch the Medway Non-Visible Disability initiative in 2021.

2025 will be the 10th anniversary of the MNN and during this time the MNN has grown from being a collaboration between Parkinson's & MS to now being a collaboration between x14 Medway-based neurological charities.

Not only does collaboration give the smaller charities a louder voice but it provides all charities under the MNN umbrella with additional opportunities - the MNN have delivered several activities for those with a neurological conditions:

1. The Medway Skylarks (a singing & Movement Group);
2. Neuro Café(s) an opportunity for those with a Neurological condition to share the management of their condition with others;
3. Representing neurological conditions on a range of Council & NHS boards;
4. Joint campaigning on a range of neurological / disability issues;
5. Participation in several festivals (Medway Neuro Arts Festival, Joint Festival with the Medway School of Pharmacy).

Adam Lawrence

I am honoured to have been Chair since 2017. I enjoy working with the trustees and everyone helping the group move forward. I am pleased with the progress we make with the organisation of the group, and the benefits we deliver to members and the wider HSP world.

If re-elected as a trustee I will continue working in a consistent, transparent and supportive way. I will strive to; capturing best practice to share, make our information easier to find, and help people to be more connected and able to help themselves. I will continue to listen to members to find their opinions of, and ideas for, the group.

Mitesh Patel

My partner has HSP. I have seen first hand the challenges with everyday tasks and decisions but also been privileged to see my partner complete medical training and become a doctor. This can inspire others. I hope to support those with HSP, family members and impart my medical and research knowledge.